

# FROM THE BAKERY



MUFFINS, \$18dz

Wide variety of delicious fresh-baked muffins

SCONES, \$30dz

Nata's own broad variety of classic scones

MONTILIO'S CUPCAKES, \$36/\$48dz

Montilio's standard or gourmet cupcakes

ASSORTED MINI-PASTRIES, \$24dz

A Montilio's selection, from fruit tarts and eclairs to cream puffs, cannolis, carrot cake and napoleons

PASTRY TRAY, \$5.75 slice

From Montilio's award-winning selection

MONTILIO'S CAKES, \$25.95 and up

Select from our stock confections or order a specialty cake

PIES, \$15.99 and up

We carry a nice selection of pies made for us by a small family bakery in Ohio

COOKIE PLATTERS, \$9.99dz

Fresh baked and plattered

- We do not offer onsite catering. All orders are priced & packaged for pickup or delivery.
- Deliveries can be arranged for a fee. Please call the us for details.
- All orders are made fresh on the premises, excluding Montilio's of Boston cakes, and require a minimum of 24 hours notice. Large orders require a 7 day notice. There are exceptions and smaller functions can be prepared with less notice.
- Before placing your order, please inform us if a person in your party has a food allergy.



Inside Ring Brothers Marketplace  
485 Route 134, South Dennis, MA 02660  
508-394-1346



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## APPETIZERS

SRIRACHA BOURBON  
OR GARLIC PARMESAN  
WINGS  
\$7.99 lb.

BARBECUED  
BABY BACK RIBS  
\$9.99 lb.

SWEET & SOUR  
MEATBALLS  
\$8.99 lb.



## PLATTERS & SALADS

TOSSSED GREENS, \$4pp  
With traditional garnish & Nata's balsamic vinaigrette

CAESAR SALAD, \$5pp  
With our own dressing (egg free) & croutons

GRILLED VEGETABLE PLATTER, \$9pp  
A bountiful tray laden with grilled vegetables and marinated mushrooms, artichokes, & tomatoes  
Minimum 5

ASIAN CHICKEN SALAD, \$6pp  
Peppery bok choy with snow peas, sprouts, carrots & cashews with sesame-orange vinaigrette

OTHER SALADS, \$7.99 lb.  
Orzo, Greek Bowtie, Spicy Penne, Couscous, Macaroni, Sweet Potato, and Sesame Noodles

OTHER SIDES, \$6.99 lb.  
Herb Roasted Potatoes, Maple Roasted Potatoes

NATA'S EGG POTATO SALAD (SEASONAL), \$8.99 lb.  
With diced bell pepper, red onion & celery

## CASSEROLES

LAURIE'S FAMOUS BEANS, \$8.99 qt.  
A three bean classic with bacon & caramelized onion.

NATA'S SPICY CHILI, \$9.99 qt.  
Ground beef and dark red kidney beans with smoky tomatoes & onions. Moderate to scorching.

ITALIAN MEATBALLS, \$7.99 lb.  
Nata's Italian classic with our own marinara.

SAUSAGE & PEPPERS, \$8.99 lb.  
Sweet & hot sausage with peppers, onions, & tomato sauce

LASAGNAS, \$49 (serves 8-10) \$72 (serves 12-15)  
Red Sauce: ground beef, sausage, or roasted vegetable  
Alfredo: chicken with broccoli or chicken, spinach & mushrooms  
Newburg: seafood (\$92)

SHEPHERD'S PIE, \$72 (serves 12-15)  
Tender beef, onion and corn in a rich demi-glace with garlic mashed potatoes.

MACARONI & CHEESE, \$39 (serves 8-10) \$62 (serves 12-15)  
Swiss and cheddar with buttermilk.

QUICHES, \$8/\$15  
Our special egg mixture in 6" or 10" crust. Your choice of fillings.

## ENTREES

\*VEAL, CHICKEN or EGGPLANT PARMESAN, \$11pp  
Fresh mozzarella with Nata's marinara and shredded parmesan.

\*VEAL or CHICKEN MARSALA, \$11pp  
A sweet rosemary infused sauce with sautéed mushrooms.

\*VEAL or CHICKEN PICCATA, \$11pp  
A delicate lemon sauce with capers.

\*SHRIMP SCAMPI OR PROVENCALE, \$13pp  
In a rich garlic sauce or with tomatoes, olives, spinach & garlic.

\*PAN-SEARED, GRILLED OR ROASTED SALMON, \$12pp  
Ask about marinades, glazes and sauces.

SPAGHETTI & MEATBALLS, \$10pp  
NATA'S CODFISH OR LUMP CRAB CAKES, \$4.49/\$5.99ea

\*Served with Nata's Fresh Pasta or Rice Pilaf